



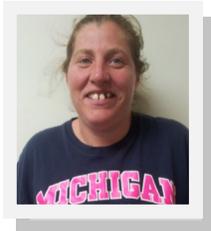
New Dimensions Inc.

JULY-AUGUST, 2013

Employee of the Month(s)

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Congratulations to April M. for earning the title of “Employee of the Month” for July of 2013. April is very dedicated to her job with New Dimensions. She always follows her schedule and takes on new opportunities when offered the chance. She is able to focus on her work, and performs any task assigned. The cheerful smile on her face can be very contagious, and serves as an added bonus! Keep up the good work, April!



For the month of August, 2013, David B. has been selected as “Employee of the Month.” David’s work ethic cannot go unnoticed. He has great attendance, and takes his job roles seriously. David has worked very hard over the past two years at New Dimensions, and he continues to be very productive. Currently, he works on the courier route, at Tim Hortons, and as the receptionist at New Dimensions. Congratulations, David! Keep up the hard work!

Where has Jayson been?

Jayson has been fulfilling his duties with the Army Reserve since 2006.



The Army Reserve is a part of the United States Armed Forces. The Army Reserve works with the Active Duty Army and the National Guard to keep our nation safe and protected. “There are more than one million Army Reserve soldiers ready to serve the nation when called upon by the President” (GoArmy.com). One of these soldiers is Jayson; he is a Military Police Officer in the Army Reserve.

From August 10th through the 24th, Jayson was in Fort Knox, Kentucky to become more specialized as a Military Police

Officer. Each summer, Jayson spends two mandatory weeks in training to remain prepared for the possibility of deployment. He has traveled to Germany and Washington, D.C. in the past for similar yearly trainings.

Jayson has been serving our country for over six years, and one of the reasons he joined was to continue his education with the help of the Reserves. Jayson was attending Delta College’s Criminal Justice program, but was deployed to Afghanistan 5 years ago. He hopes and plans to return to school in the future.

Amanda G. asked Jayson some interesting questions about being in the Army. Her first question was, “Can you goof around in the Army?” Jayson



shook his head and said that “horseplay” is not allowed. The Army instills a high level of discipline in all soldiers, and they are very well-mannered. Another question Amanda asked was, “What is the food like?” Jayson nodded, and claims that it is not too bad. Finally, Amanda wondered if the uniform was comfortable. Jayson replied, “Yes, it is comfortable. The design usually changes every few years, too.”

How interesting to learn more about the Army, and what a pleasant surprise to know that Jayson is a part of keeping our nation safe. Thank you for your service, Jayson!

New Dimensions Visits USS Edson

On May 7, 2013, the USS Edson arrived in her permanent location in Bangor Township. She is currently open for tours. Anna T., Brian A., Daniel I., Don K., Don T., Floyd P., Regina S., Mike L., Sallie D., Teri C., Tim W., volunteer Leann B., and job coaches Theresa and Sheri toured the ship. During the tour, everyone learned about the various jobs and tasks aboard the ship. Theresa mentioned the group that she went with

was very excited to learn about the age of the ship and of the ship's procedures. Some of the jobs Theresa's group learned about were cooking, maintenance and janitorial.

Don T. said he learned quite a bit about what it would be like as a cook aboard the ship. He also expressed interest in becoming a janitor aboard the ship, if given the opportunity.



On a daily basis, the USS Edson is open for tours from 10 a.m. until 6 p.m. Tickets cost \$10 for adults and \$8 for children.

More information can be found at:

www.USSEDSOON.org.

New D Picnic Lunch and Conference



On July 3rd, New Dimensions held a picnic lunch for the Fourth of July. For lunch, hot dogs, chips, pop and popsicles were served. There was a work conference that followed the picnic.

The New Dimensions staff performed interactive skits about workplace etiquette. Each station demonstrated various workplace

issues. Proper hygiene, transportation, customer service, distractions in the workplace, and time management were all featured.

It was a great opportunity to explore some of the possible frustrations and solutions we may experience during employment.

Things a Broken Ankle Taught Me By Peg

I fractured my ankle in May. Then, I spent the next 6 weeks sitting in my La-Z-Boy chair. I was at home and unable to take care of myself. The kindness and support I received from my husband, family and friends meant so much to me. When I was finally able to get up, I needed a wheelchair or a walker— and today, at work, I'm using a

Through this experience, I have seen some things in a different light. I have realized that "handicap accessible bath-

rooms" are not too accessible. It seems that the handicap accessible stalls are always the farthest away from the restroom entrances. "Handicap accessible parking" is also inconvenient for those who need it. In order to access the side walk, there should be a built-in ramp. Instead, I often encountered a curb near the handicap parking spot.

The way people treated me was interesting, too. There was an elderly man with a cane who held the door open for me. Subsequently, a

younger woman almost knocked me over trying to speed past me into a store. Most importantly, I know how essential it is to get back to work. By having a purpose and something to think about, besides my broken ankle, has been great therapy.

I feel happy and healthy again being around all the wonderful folks at New Dimensions! Special thanks to all of you who are helping me get through the day!

Job Shadowing

Here at New Dimensions, we have been more involved with job shadowing. Job shadowing is a useful tool that allows an individual to observe and learn about a different job without actually performing it.

We have been job shadowing onsite at New Dimensions and out in the community. Onsite, Almena S. leads job shadowing for Bright Green. She shows how to assemble and package the various Bright Green products.

Trevor D. has job shadowed with

Almena on Bright Green before. The opportunity allowed him to identify what he likes and dislikes about the job. Trevor was frustrated by some of the physical labor involved with the position.

We have also shadowed out in the community. Some of our community partners include: Kroger, Family Video, McDonalds, Bay City Foodland, Ace Hardware, Bayshire Beauty Academy, Claire's, Bath and Body Works, and other locations within the Bay City Mall.

Amanda G. has job shadowed at Family Video, Claire's and other retail stores of the Bay City Mall. Amanda especially enjoyed learning how to organize Family Video's stock, such as DVDs. She found that she was particularly comfortable at Family Video, and is interested in future employment there.



What are we looking forward to this fall?

Sarah P. conducted a small survey asking New Dimensions what the most-liked part of fall is. The graph on the right features the 32 responses.

Some of those who were surveyed had difficulty choosing

only one category. For instance, Ashley Y. says that it is her favorite season, and she enjoys all parts.

Another, Teri C., is very excited for Thanksgiving, but she knows that fall is not her favorite season.

Allison B. is certain that Halloween is her favorite holiday, and fall is her absolute favorite season!

Most of us look forward to upcoming football games, Halloween, and the changing colors!

Football	34.4%
Halloween	18.8%
Changing Colors	18.8%
Chili	9.38%
Kids go back to school	9.38%
Harvesting crops	6.25%
Cooler weather	3.13%
Raking leaves	0%

New D BIRTHDAYS

July

Lena D., Nancy F.,
Roxy H., Scott P.,
Clinton T., John B.,
Ariel H., Sean L.,
Randy M.

August

Greg J., Cindy N.,
Ashley Y.,
Connie M.,
Ashley M., Erin B.,
William W.

Curriculum Awards

Congratulations to those who completed six months of the Introduction to Computers curriculum, 120 hours of typing practice with Mavis Beacon and 120 hours of Cashier & Money Handling for the months of July and August.

This took dedication and hard work! New D. is proud of your accomplishments!

- Lena D.,
- Don T.,
- Tim W.,
- Mary Klu.,
- Stanley Rad., and
- Allison B.

-Local entertainment-

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**BUILDING FUTURES
IN OUR COMMUNITY**

NewDimensionsInc.org

The Delta College Planetarium

in Downtown Bay City presents:

“Laser Fright Light”

Shows on September:

11 & 12, 18 & 19, and 25 & 26

Ticket prices: \$6- adults, \$5- seniors, \$4- students

www.delta.edu/planet/events



Food Drive

September 5th, 2013

(Salvation Army-401 10th St., Bay City)

September 19th, 2013

(Salvation Army-401 10th St., Bay City)

October 3rd, 2013

(Salvation Army-401 10th St., Bay City)

October 17th, 2013

(Detail to come- Bay City Lions Club)

9:30 a.m. -until food is gone!

Public Resources

Emergency Food Assistance

Food Vouchers

Provided

by United Way

(909 Washington Ave., Suite 2,

Bay City, MI.)

Call (989) 893-7508

Ask for Archie!



Dental Clinic

at the Salvation Army

(401 10th Street, Bay City, MI.)

September 12th and 13th,

October 10th and 11th,

November 7th and 8th,

December 12th and 13th

By appointment only, from

10:00 A.M.-3:00 P.M

Call (989) 983-3041

Through the Copy & Print curriculum, many were involved with this newsletter. Thanks, contributors!
Amanda G., Eric C., Ashley Y., Allison B., Ashlee W., Sarah P., Don T., and Pat S.