

“ How New Dimensions has helped me”

When I had my back surgery back in “05” I was told at my age, education and work experience there was no jobs that exist in significant numbers in the economy that I could perform. I became very Depressed I felt useless. I’ll be honest I did try and take my life because I felt I was a waste of space on Earth. I went to MPBA when I got my case manager she told me about New Dimensions and asked if I would be interested. I started working at New Dimensions about a month ago. I’ve used both old & new Skills. The staff are very friendly and helpful. I’m much happier since I’ve been working I feel like my Life is worth something now New Dimensions helped me get my selfesteem, pride & dignity back. New Dimensions has helped me meet & socialize with new people which I never would have done Because I use to confine myself to the house. My friends have noticed the difference in me since I started working for New Dimensions. I can’t thank New Dimensions enough for being there My life is so much better with my friends & family & me since I started working there.

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